

Expanding Scales #1

Mark Nemoyten

♩ = 110

The musical score is written in 4/4 time with a tempo of 110. It consists of five staves of music. Each staff begins with a measure containing a fermata over a whole note. The music then proceeds with a series of notes, often with slurs and fermatas, and ends with a double bar line. The staves are numbered 1, 9, 17, 25, and 30.

1. Take a full relaxed breath and release air into each line.
2. At first, play each line mezzo forte with a crescendo into the highest note. Later try at various dynamics.
3. Pause on the ascending line whenever you feel tension and take another relaxed breath before restarting where you stopped. The goal is to play with a full and resonant relaxed feeling and sound.
4. Hold long notes full value and fermatas at least 4 counts with a full sustained sound.
5. Take your time and focus on keeping your best sound on every note.
6. Rest after each line as long as you played.